

Bike To School Week 2022

Instructions for School Staff

Bike Month 

Your challenge champion will provide the information flyer and tracking sheets to students.

- Ask students to complete the tracking sheet with their name, their mode of travel and the number of kilometres they travel to school each day.
- Throughout the week, encourage students to participate through games, road-safety presentations, activities and morning messages.
- At the end of the week, students will let their champion know how many days they walked, biked or scooted to school, and submit their tracking sheets.
- The champion can then email the final results to LyAnne at lyanne.chenier@greatersudbury.ca

Give out your prizes however you see fit!

Remember, if it's
active travel,
it counts!

Here is a sample completed tracking sheet:

Student name	# km from home to school	Method of transportation	Monday	Tuesday	Wednesday	Thursday	Friday	Total km
J M	0.2	walk	0.2	0.2	0.2			0.6
F D	0.5	walk		0.5	0.5	0.5	0.5	2.0
S M	1.1	bike	1.1	1.1	1.1	1.1	1.1	5.5

