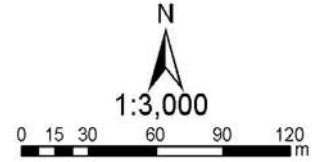


Blueberry Hill Hiking Trail

Legend

- Blueberry Hill Hiking Trail
- 100 Metre increments



Disclaimer

Supportive footwear is recommended for use on this trail as it can be rugged in places. Neither the City of Greater Sudbury nor the Blueberry Festival Committee is responsible for injuries obtained while hiking on this trail.





Blueberry Hill Trail Guide

Located behind the Carmichael Arena, on Bancroft Drive in Minnow Lake, the Blueberry Hill Trail meanders through many of the most popular blueberry picking patches in Sudbury. Beginning at 270 metres above sea level, the gradual climb is actually 46 vertical metres, providing for a panoramic view of the city, including both Minnow and Ramsey Lakes. The map on the reverse shows the location of the hiking trail (broken up into 50 metre increments), the gazebo and the lookout locations.

The vegetation along the trail depicts northern Ontario in its glory; from white birch, red maple and red oak trees, to a 'fern gully' filled with Labrador tea and various types of lush mosses, ferns and lichens. The latter can be seen clinging to the northern faces of exposed bedrock that is typical of the Canadian Shield, which forms the basis of Sudbury's underlying geology.

It's not all trees and rocks on the trail though – there is even a narrow babbling brook that adds to the natural beauty. If all is quiet, the white-throated sparrows' lovely "O'Canada" song can be heard, or you may just be lucky enough to get a glimpse of a red fox.

Blue trail markings will easily guide you throughout your hike. So "take time to climb, explore and discover..."



Blueberries are the most common and best loved summer berries. They are high in carbohydrates, or sugars, and low in fats. Their protein content (3-13%) makes them a tasty and nutritious snack for most fruit and seed eating birds. The sweet small and bright blue colour also attracts many mammals, from mice to bears.