Get Active in Greater Sudbury



Arenas

Drop by one of our free skating days. All times and locations are subject to change based on events and tournaments. Skaters must attend the appropriate program to ensure all participants' safety (for example, parents and tots must not skate with adult skaters). Only Canadian Standards Association (CSA) approved skating aids are allowed on the ice surface. For your safety, please read our Public Skating Rules of Conduct. On-ice capacity is limited to 50 people and is first-come, first-served. Register online at greatersudbury.ca/play/arenas/public-skating.

Downhill Skiing and Snowboarding

The City of Greater Sudbury operates two ski hills. Whether you're a beginner or a pro, you can keep active when the cold weather hits by skiing or snowboarding at our hills. Register online at greatersudbury.ca/play/ski-hills/. Adult and youth ski and snowboard lessons and rentals available.

Cross Country Skiing

Discover beautiful, pristine trails across Greater Sudbury. Check before you go. Contact the organizations directly for the most up-to-date information and ski conditions. Learn more at discoversudbury.ca/things-to-do/activities/cross-country-skiing/.



Indoor Walking Program

Get exercise, no matter the weather! Grab a friend and stop by during designated hours for a few indoor laps. Stay active without worrying about the weather. greatersudbury.ca/play/programs-and-activities1/programs/walking-programs/.

Outdoor Rinks

Skate outside this winter at the Ramsey Lake Skating Path, Queen's Athletic Skating Oval and neighbourhood rinks! Learn more at greatersudbury.ca/play/recreational-facilities/outdoor-rinks/.



Pools

Enjoy one free swim each week as part of our Feel Free to Feel Fit program. After each free swim, speak to front desk staff about free return transportation aboard GOVA Transit. Register online at greatersudbury.ca/play/pools/recreational-swims.

Youth Centres

There are FREE youth centres across Greater Sudbury for youth ages 10 to18 to participate in after school. Youth Centres allow young people to drop in and participate in a variety of supervised activities. Learn more at greatersudbury.ca/play/recreational-facilities/youth-centres/.



Greater Sudbury | Grand 311 services

greatersudbury.ca/play