



Camp Readiness Checklist

This checklist outlines the skills and routines that help children have a positive, successful camp experience. If most of these feel true for your child, they're likely ready for camp. If several are not yet a match, beginning with a shorter session can help build confidence.

Is My Child Ready for Camp?

- My child can use the washroom, wash hands and manage basic self-care independently.
- My child can follow rules, listen to leaders and participate in group activities.
- My child can communicate their needs (hungry, tired, unwell, overwhelmed).
- My child can stay with the group and move safely between activities.
- My child can manage their belongings with minimal help.
- Any medical or allergy needs can be safely supported by camp staff.
- My child can handle a full day away from home.
- My child is excited and ready for the camp experience.