

Lifeguard Training Programs



Courses Offered

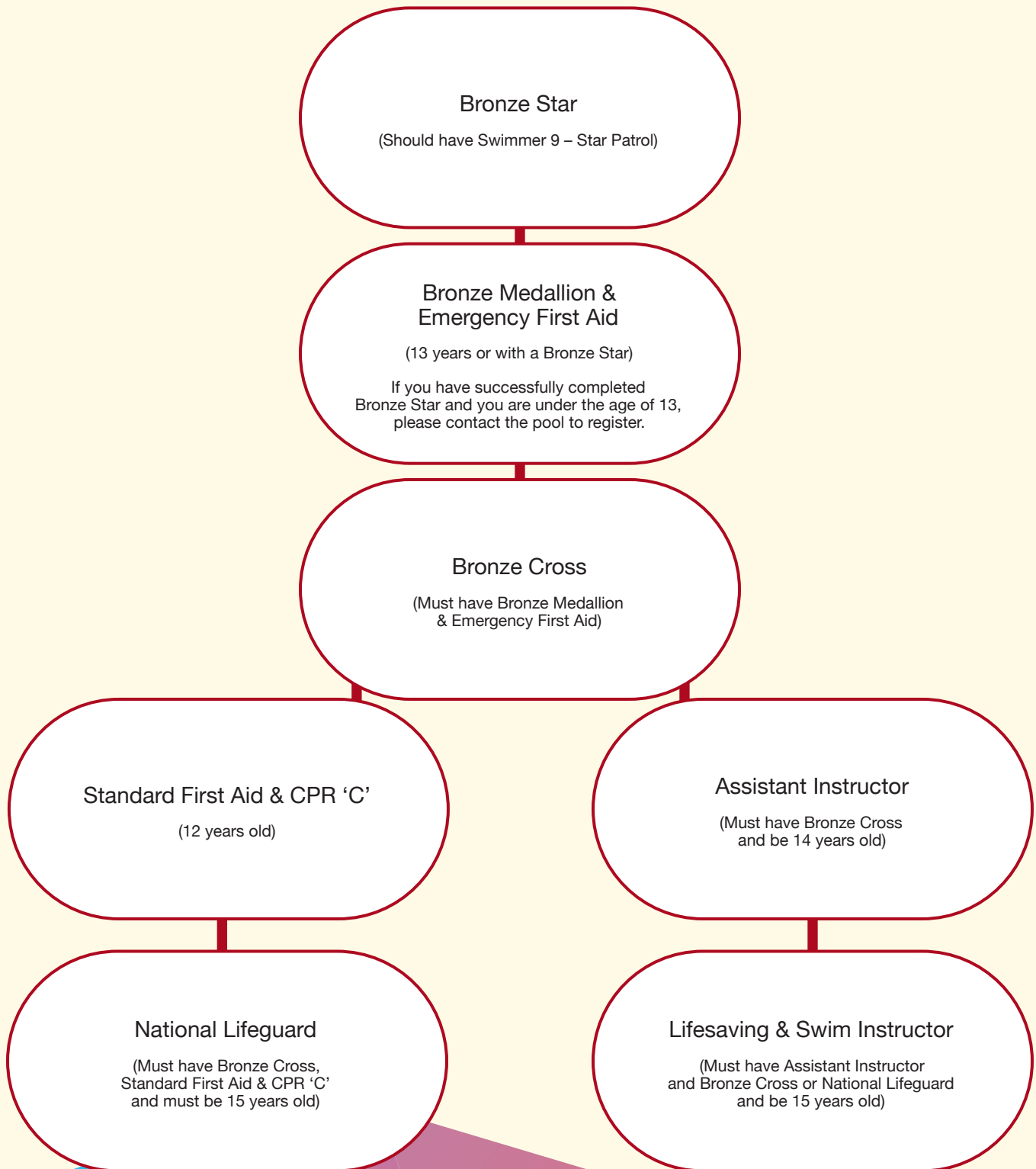
- Bronze Medallion
(with Emergency First Aid)
- Bronze Cross
- Standard First Aid & CPR 'C'
- National Lifeguard
- Assistant Instructor
- Lifesaving & Swim Instructor



Register Now Online
greatersudbury.ca




Flow Chart



Advanced Leadership

General Information

- All fees listed include exam fees. Manuals are sold separately at time of registration.
- Attendance and participation is required for all advanced courses. For National Lifeguard, Standard First Aid and Instructors courses, 100 per cent attendance is mandatory.
- Candidates must turn the identified age by the last day of the course or by the exam date.
- Withdrawal/refund policies. 
- Unsuccessful candidates will be required to register and repeat a full course.
- Classes over five (5) hours in length will include a 30-minute to one-hour lunch break. Food not available onsite.
- Program fees subject to change, effective April 1.
- All schedules and locations are subject to change without notice.
- Ensure all pre-requisites have been met (see below).

What to Bring on Your First Day

- Original pre-requisite certifications are mandatory as listed and must be presented on the first day of the course.
- Birth certificate, driver's license or health card for proof of age.
- Photocopies are retained at the host facility.

What to Bring to Aquatic Leadership Courses

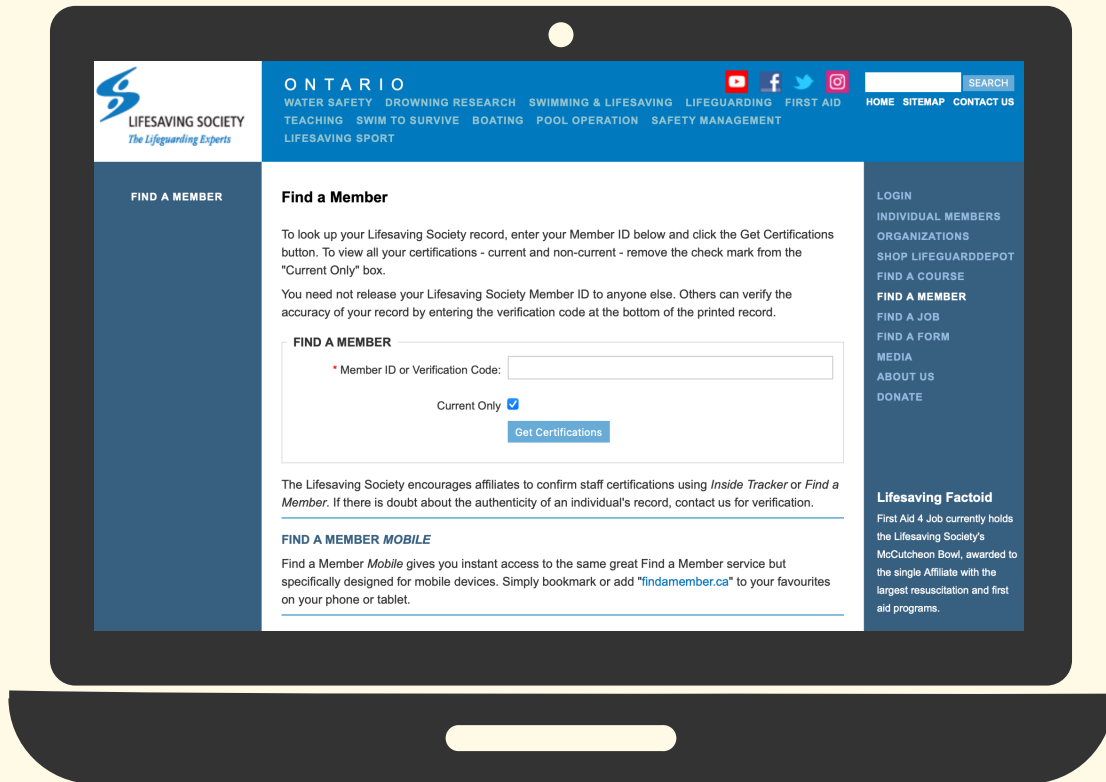
- Bathing suit, towel and whistle (for pool portions).
- Notebook/paper, pens, food/drinks.
- Required materials (manuals required for the course).
- For certain courses, pre-course assignments will be assigned and must be submitted in on the first day of the course. This may require you to pick up your course package ahead of time to allow adequate to complete the assignments.

Prerequisites

It is the candidate's responsibility to ensure they have the correct prerequisites prior to registering for the course. Please see below for instructions on how to verify your prerequisites. Candidates are required to show proof of prerequisites held on the first day of the course. Should the candidate not be prepared to show proof of prerequisites, the candidate will be removed from the course.

Please review our refund policy. 

How to Check Your Qualifications Online



 [Lifesavingsociety.com](https://www.lifesavingsociety.com)

1

Click “Find a Member” on the right-hand side.

2

Fill in your membership number and click “Get Certifications” (You will find your membership number on the bottom of any of your certification cards).

3

Print out the record and bring it with you on your first day.

Bronze Medallion

With Emergency First Aid



Course Length:

23 hours, including exam

Prerequisite:

Minimum 13 years of age or Bronze Star certification (need not be current)

Course Manuals:

Canadian Lifesaving Manual & Bronze Medallion Workbook
(available for purchase upon registration and provided on first day)

Bronze Cross



Course Length:

23 hours, including exam

Prerequisite:

Bronze Medallion and Emergency First Aid or Standard First Aid Certification (need not be current)

Course Manuals:

Canadian Lifesaving Manual & Bronze Cross Workbook
(available for purchase upon registration and provided on first day)



Standard First Aid & CPR 'C'

Course Length:

16 hours, including exam

Prerequisite:

none

Course Manuals:

Canadian First Aid Manual
(available for purchase upon registration and provided on first day)

National Lifeguard

Course Length:

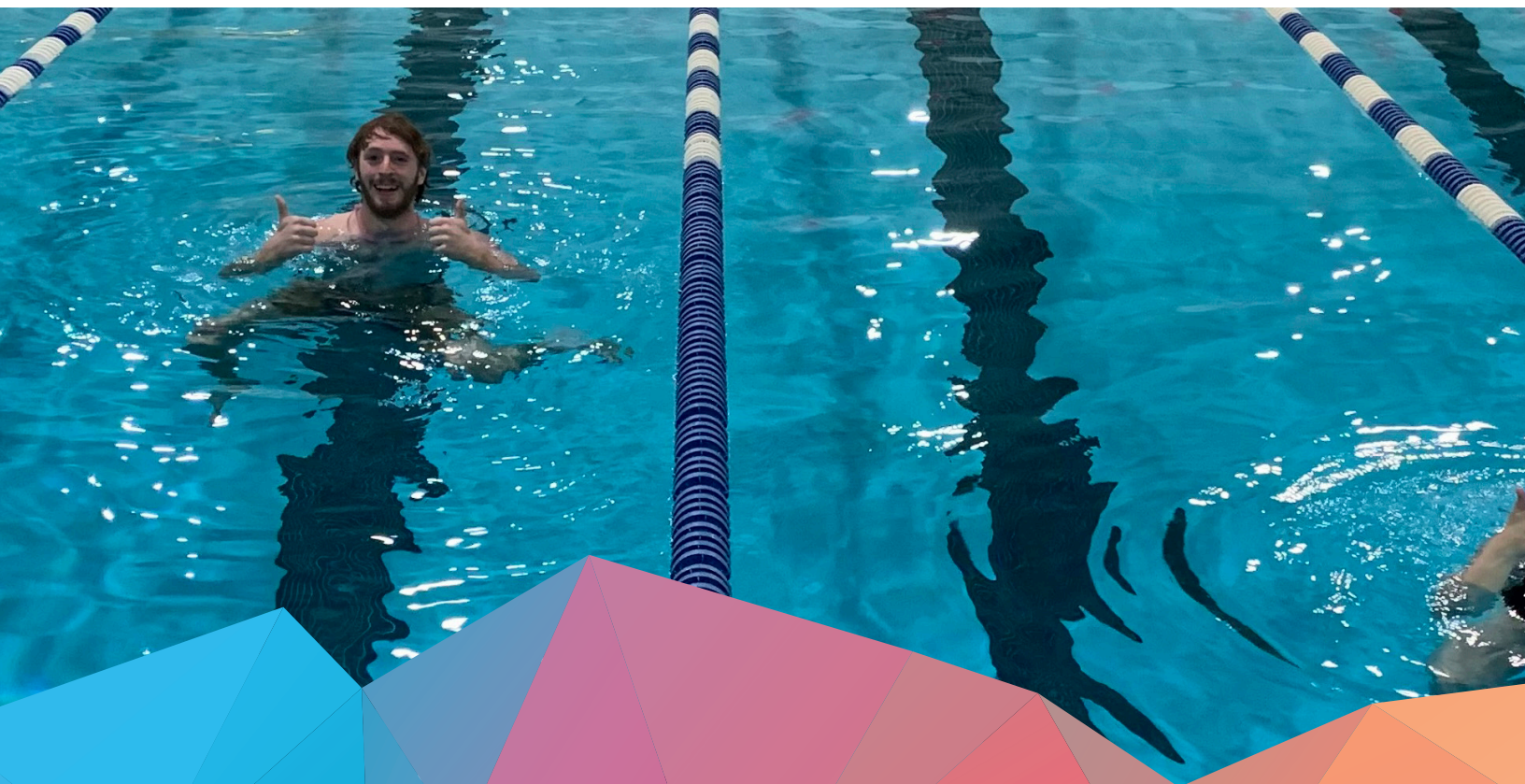
40 hours, including exam

Prerequisite:

Minimum 15 years of age, Bronze Cross and Lifesaving Society Standard First Aid (need not be current) or Standard First Aid from one of the approved agencies).

Course Manuals:

Alert: Lifeguarding in Action (available for purchase upon registration and provided on first day)



Assistant Instructor

Course Length:
18 hours

Prerequisite:
14 years of age by the end of the course; Bronze Cross or higher certification (need not be current)

Course Manuals:
Canadian Lifesaving Manual

Swim Instructor & Lifesaving Instructor

Course Length:
40 hours

Prerequisite:
15 years of age by the end of the course; Bronze Cross certification (need not be current)

- Course Manuals:**
1. Swim Instructor Pack
(includes Instructor Manual, Swim for Life Award Guide, Teaching Swim for Life and Leadership Binder)
 2. Lifesaving Instructor Pack
(includes Instructor Manual, Swim Patrol Award Guide, Bronze Medals Award Guide, First Aid Award Guide, Leadership Binder)



Locations

Nickel District Pool

1940 Hawthorne Street
Sudbury, ON P3A 1M4

Phone: 705-688-3907

email: aquatics@greatersudbury.ca

Onaping Pool

2 Hillside Avenue
Dowling, ON P0M 1R0

Phone: 705-688-3908

email: aquatics@greatersudbury.ca

Gatchell Pool

43 Irving Street
Sudbury, ON P3C 3E9

Phone: 705-688-3905

email: aquatics@greatersudbury.ca

Howard Armstrong Recreation Centre

4040 Elmview Drive
Hanmer, ON P3P 1R9

Phone: 705-688-3906

email: aquatics@greatersudbury.ca

R.G. Dow Pool

38 Veterans Road
Copper Cliff, ON P0M 1N0

Phone: 705-688-3909

email: aquatics@greatersudbury.ca



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