

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Variety Juice	Variety Juice	Variety Juice	Variety Juice	Variety Juice	Variety Juice	Variety Juice
Orange Quarters	Banana Half	Banana Half	Banana Half	Strawberries	Banana Half	Banana Half
Cream of Wheat	Super Oatmeal	Super Oatmeal	Cream of Wheat	Super Oatmeal	Cream of Wheat	Super Oatmeal
Hard Boiled Egg	Poached Egg	Scrambled Eggs	Western Omelet	Poached Egg	Scrambled Eggs	Hard Boiled Egg
Vanilla Yogurt	Whole Wheat/White Toast	Whole Wheat/White Toast	Whole Wheat/White Toast	Whole Wheat/White Toast	Whole Wheat/White Toast	Sausage Link
Whole Wheat/White Toast	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	Whole Wheat/White Toast
2% Milk	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	2% Milk
Assorted Cold Cereal	Variety Yogurt	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Waffle	Assorted Cold Cereal
Scrambled Eggs	Scrambled Eggs	Variety Yogurt	Vanilla Yogurt	Cranberry Lemon Muffin	Vanilla Yogurt	Scrambled Eggs
Banana Muffin	Raisin Toast	Assorted Danish	Whole Wheat/White Toast			Toasted English Muffin
LUNCH						
Harvest Tomato Vegetable Soup	Butternut Squash Soup	Tomato Soup	Potato Leek Soup Gluten Free	Chicken Rice Soup	Pea Soup GF	Roasted Tomato & Pepper Soup
Penne and BF Meatballs x4	Cabbage Roll Casserole	Sausage Link	Beef Hamburger on Bun	Beef MeatLoaf W Ketchup	Pork Tourtiere	Honey Garlic Pork Chop
California Vegetables	GF Brown Gravy	Pancakes	Sweet Potato Fries	Ketchup	GF Brown Gravy	GF Brown Gravy
Cherry Jello whip	Mashed Potatoes	Whole Strawberries	Diced Onions	Mashed Sweet Potato	-	Mashed Potatoes
2% Milk	PEI Vegetables	Ice Cream Sandwich	Chocolate Pudding	Corn Cobbette	Sunrise Vegetables	Broccoli Florets
Ham & Swiss on 12 Grain Bread	Diced Honeydew	Neapolitan	2% Milk	Blueberry Yogurt Loaf	Fruit Cocktail	Rainbow Sherbet
Broccoli Coleslaw	2% Milk	2% Milk	Honey Mustard Pork Bites	2% Milk	2% Milk	2% Milk
Regular A la Carte Items	Toasted Cold Tomato Cheese Sandwich	Tuna Salad Sandwich on a Bun	GF Brown Gravy	Pollock Fish Sticks	Chicken Salad S/W on Wheat	Fish Cakes
	Four Bean Salad	Tossed Salad	Mashed Potatoes	GF Brown Gravy	Beet & Onion Salad	GF Brown Gravy
	Regular A la Carte Items	Regular A la Carte Items	Mexican Mixed Vegetables	Tater Tots	Regular A la Carte Items	White Rice
			Regular A la Carte Items	Peas & Carrots		Peas & Carrots
				Regular A la Carte Items		Regular A la Carte Items
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DINNER						
Breaded Chicken Burger on a Bun	BBQ Beef Riblette	Lasagna	Turkey Schnitzel	Sudbury Porketta	Beef Macaroni	Roast Turkey
Country Trio Vegetables	Baked Potato	Parmesan Cheese	Cranberry Salsa	GF Brown Gravy	P. Bread Whole Wheat	GF Poultry Gravy
Shredded Lettuce	Sour Cream LR	Caesar Salad	GF Poultry Gravy	Mashed Potatoes	P.Pasta	Garlic Mashed Potatoes
Tomato Slices (topping)	Corn	Frosted Mini Eclair	Mashed Potatoes	Italian Mix Vegetables	Tossed Salad	Diced Turnips
English Trifle	Caramel Swirl Cake	2% Milk	Broccoli Florets	Peach Pie with Ice Cream	Ambrosia Pudding	Lemon Tart
2% Milk	2% Milk	Pork Chop & Mushroom Sauce	Powdered Donuts	2% Milk	2% Milk	2% Milk
Liver and Onions	Sole w/Lemon Pepper	GF Brown Gravy	2% Milk	Butter Chicken	Cheese Peameal Bacon Melt	Hot Beef Sandwich on a Bun
GF Brown Gravy	GF Brown Gravy	Mashed Potatoes	Braised Beef	Basmati Rice	Cheese Sauce	Sour Cream LR
Mashed Potatoes	Garlic Mashed Potatoes	Green Beans	GF Poultry Gravy	Country Trio Vegetables	Wax Beans	Baked Potato
Green Peas	Pick of the Day Vegetables	Regular A la Carte Items	Roasted Potatoes	Regular A la Carte Items	Regular A la Carte Items	Florentine Mix
Regular A la Carte Items	Regular A la Carte Items	-	Diced Squash	-		Regular A la Carte Items
			Regular A la Carte Items			-
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