

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Variety Juice	Variety Juice	Variety Juice	Variety Juice	Variety Juice	Variety Juice	Variety Juice
Fruit Cocktail	Strawberries	Banana Half	Banana Half	Stewed Rhubarb	Banana Half	Banana Half
Super Oatmeal	Cream of Wheat	Super Oatmeal	Super Oatmeal	Cream of Wheat	Super Oatmeal	Cream of Wheat
Hard Boiled Egg	Fried Egg Sandwich	Poached Egg	Cheese Omelet	Poached Egg	Hard Boiled Egg	Scrambled Eggs
Whole Wheat/White Toast	Whole Wheat/White Toast	Whole Wheat/White Toast	Whole Wheat/White Toast	Whole Wheat/White Toast	Bacon	Bacon
Assorted Cold Cereal	2% Milk	2% Milk	2% Milk	2% Milk	Whole Wheat/White Toast	Whole Wheat/White Toast
Scrambled Eggs	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	2% Milk	2% Milk
Variety Yogurt	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Assorted Cold Cereal	Assorted Cold Cereal
Raisin Toast	Vanilla Yogurt	Bran Muffin	Toasted English Muffin	Vanilla Yogurt	Scrambled Eggs	Scrambled Eggs
	Whole Wheat/White Toast			Raisin Toast	Whole Wheat/White Toast	Vanilla Yogurt
						Whole Wheat/White Toast
LUNCH						
Tomato Soup	Cream Of Mushroom Soup	Chicken Noodle Soup	Broccoli & Cheese Soup (GF)	French Canadian Pea Soup	Chicken Rice Soup	Barley Beef Soup
Pork Tourtiere	BBQ Chicken Drumstick	Perogies w/Bacon/Onions	Pork Chop & Mushroom Sauce	Glazed Salmon	Pork Weiners & Beans	BLT on TOASTED Wheat Bread
GF Brown Gravy	Mashed Potatoes	Oktoberfest Sausage Wedges	Mashed Sweet Potato	GF Brown Gravy	Rye Toast	Carrot Raisin Salad
Broccoli Florets	Peas & Carrots	Sour Cream LR	Diced Carrots	Mashed Potatoes	Diced Carrots	Apricots
Warm Cinnamon Apple Slices	Glazed Banana Cake	GF Poultry Gravy	Diced Pineapple	Italian Mix Vegetables	Banana Pudding	2% Milk
Vanilla Ice Cream	2% Milk	Florentine Mix	2% Milk	Butterscotch Ice Cream	Chocolate Sauce	Turkey a la King
2% Milk	Cheese Omelet	-	Egg Salad S/W on WW	2% Milk	2% Milk	GF Poultry Gravy
Salmon Salad Sandwich	GF Poultry Gravy	Frozen Vanilla Yogurt	Tossed Salad with Ranch Dressing	French Toast	Cottage Cheese Fruit Plate STR	Tea Biscuit
Tossed Salad	Country Style Potatoes	2% Milk	Regular A la Carte Items	PORK Link Sausage	Lemon Cranberry Muffin	Wax Beans
Regular A la Carte Items	New England Vegetables	Chicken Salad on a Bun	Regular A la Carte Items	Strawberry Sauce	Regular A la Carte Items	Regular A la Carte Items
	Regular A la Carte Items	Creamy Coleslaw	-	Syrup		
		Regular A la Carte Items		Regular A la Carte Items		
DINNER						
Fried Pork Bologna	Pork Stirfry w/ Chow Mein Noodles	Cabbage Roll Casserole	Lasagna	Meatballs in Beef Gravy & Onions	Beef Shepherd's Pie	Beef Cowboy Steak w Mushrooms
GF Brown Gravy		GF Brown Gravy	Garlic Toast	GF Brown Gravy	GF Brown Gravy	GF Brown Gravy
Mashed Potatoes	Oriental Vegetables	Mashed Potatoes	California Vegetables	Mashed Potatoes	Creamed Corn	Sour Cream LR
Creamed Corn	Pineapple Upside Down Cake	Sunrise Vegetables	Coconut Cream Pie	Roasted Root Vegetables	Ginger Molasses Cookie	Baked Potato
Orange Cake	2% Milk	Cherry Jello with Whip	2% Milk	Cherry Cheesecake	2% Milk	Cauliflower
2% Milk	Veal Parmesan	2% Milk	Hot Turkey Sandwich on Wheat	2% Milk	Pork Souvlaki	Cheese Sauce
Hearty Beef Chili	GF Poultry Gravy	Deli Meat Salad Plate	GF Poultry Gravy	Macaroni & Cheese	Tzatziki sauce	Apple Pie & Ice cream
Tea Biscuit	P.Marinara Sauce	Regular A la Carte Items	-	Broccoli Florets	Greek Pita (Serving Size is 1/2)	2% Milk
Niagara Mix Vegetables	Garlic Mashed Potatoes	-	Green Peas	Regular A la Carte Items	Harvard Beets	Greek Macaroni Salad (Chicken)
Regular A la Carte Items	Brussels Sprouts		Regular A la Carte Items		Regular A la Carte Items	Beet Onion Salad PM
	Regular A la Carte Items				-	Regular A la Carte Items
						-