

May 12, 2025

To: All Pioneer Manor residents, families, substitute decision-makers and staff

Re: Pioneer Manor Information Letter #288

Heat Related Illness Management Plan and Sun Safety

During the period from May 15 to September 15, residents are considered at risk for hot weather-related illnesses. Any time the indoor or outdoor temperatures reach 26°C or higher or when humidity levels are above 50 per cent, the following measures will be implemented:

- Residents will be encouraged to drink more fluid in addition to their normal intake (unless contraindicated in the resident's care plan).
- Blinds/drapes will be closed, and heat-generating lights will be set to dim wherever possible (keeping the safety of residents in mind).
- All windows and doors to the outside will be closed to ensure hot air and humidity are not entering the building.
- Residents will be encouraged to use in-room air conditioning.
- Residents who chose not to have in-room air conditioning will be encouraged to utilize designated cooling areas such as dining rooms, sitting areas and Winter Park.

During hot weather conditions, staff will observe residents for potential illnesses and signs of heat-related complications. Food Services will ensure beverage carts are available in all Home Areas, and popsicles will be provided in the afternoon, as well as left in Home Area fridges to ensure residents are receiving adequate hydration throughout the day. In addition, plans and activities will be adjusted accordingly, including switching menus to offer cool entrées, providing extra fluids to Home Areas, moving outdoor activities inside, limiting or cancelling activities that involve physical exertion, encouraging residents to wear hats when leaving the building, and assisting with application of sunscreen lotion.

As always, please do not hesitate to contact us, should you have any questions.

Sincerely,



Aaron Archibald
Director, Long-Term Care Services

c.c.: Councillor René Lapierre, Chair, Community & Emergency Services Committee
Shari Lichterman, Chief Administrative Officer
Brendan Adair, Acting General Manager, Community Development
Dr. Maurice St. Martin, Medical Director
Managers of Resident Care
Dianna Foster, Family Council
Residents' Council Leadership Team