

Pioneer Manor
City of Greater Sudbury

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Manoir des pionniers
Ville du Grand Sudbury

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September 16, 2025

To: All Pioneer Manor residents, families, substitute decision-makers and staff

Taste of Mexico - Honouring Residents' Council

This year, we're switching things up from our traditional BBQ and bringing the flavour fiesta to you! On Wednesday, September 24, 2025, from 11:30 a.m. to 1:30 p.m., we're thrilled to welcome Holy Guacamole on-site for an authentic taco catering experience. Enjoy a mouthwatering selection of freshly prepared, artisanal tacos made with premium ingredients as a delicious way to honour and celebrate our Residents' Council.

- **Residents:** Enjoy a complimentary meal, generously provided by our Residents' Council. As with our annual BBQ tradition, residents are kindly asked to pick up their own meals during the event.
- **Staff & Families:** Tacos will be available for purchase on site.
- **Note:** Menu is for regular textures/diets only.

We look forward to sharing this unforgettable culinary experience with you.

Vision and Falls

The Canadian Association of Optometrists recommends annual eye examinations for individuals 65 years of age or older. An eye exam is the best tool for early detection of vision problems, as well as several systemic conditions.

When it comes to fall prevention, detecting and treating visual impairments plays an important role. Declined visual function impairs walking and balance. Vision provides important sensory input for controlling postural stability and helps provide information from the feet and legs regarding the body's position in relation to gravity and movement. Without adequate detection of the visual field, seeing and avoiding obstacles and hazards can also be reduced. Recent studies on the effect of cataracts, for example, report a significant reduction in falls following corrective surgery.

If you, or your loved one, have not seen an optometrist recently, you may want to arrange an appointment. You can do so by contacting Dr. Dunlop, the home's Optometrist, by booking an appointment via the ward clerk office between 8:30 a.m. and 4:30 p.m. Monday to Friday, or by calling his office at 705-969-5030 and booking an appointment. If you wish, you may also contact another Optometrist.

As always, please do not hesitate to contact us, should you have any questions.

Sincerely,

Nicole Leclair

A/Director, Long-Term Care Services

c.c.: Councillor René Lapierre, Chair, Community & Emergency Services Committee
Tyler Campbell, General Manager, Community Well-Being
Dr. Maurice St. Martin, Medical Director
Dianna Foster, Family Council
Residents' Council Leadership Team

