



Residential

2019 Registration Form

For additional information, please call City Services at **3-1-1**.

Friday, April 26th

Registration Date: _____

Must register by Tuesday, April 23rd. No late registration will be accepted.

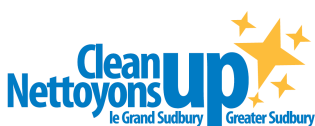
*Submit completed Registration Form, Program Requirements and Information Sheet, and the completed Consent, Release and Waiver Forms to the nearest Citizen Service Centre, by fax: **705-671-1148** or by e-mail to wastemanagement@greatersudbury.ca*

Name of Participant(s):

Telephone: _____

E-mail Address: _____

Residential property and adjacent public property to be cleaned:



The purpose of the 20 Minute Makeover is to clean your own property and the adjacent sidewalk.

Place collected litter in your own garbage. The City will not provide a special collection service for this event or increase the residential garbage bag limit.



Program Requirements and Information

- ✓ Every participant must read the enclosed safety tips.
- ✓ The purpose of the 20 Minute Makeover is to clean your own property and the adjacent sidewalk. Place collected litter in your own garbage. The City will not provide a special collection service for this event or increase the residential garbage bag limit.
- ✓ Every participant must carefully read the enclosed safety tips and the enclosed Consent, Release and Waiver form. Each participant must sign the Consent, Release and Waiver Form by April 23rd 2019 and submit it either by faxing the package to 705-671-1148, emailing it to wastemanagement@greatersudbury.ca, or by bringing it to any of the City of Greater Sudbury's Citizen Service Centres.
- ✓ Read the enclosed contest rules and submission guidelines for prizing information.
- ✓ Clean Up groups who involve children under the age of 12 must supply 1 adult supervisor for every 5 (or less) children under the age of 12.
- ✓ Clean Up groups who involve children between the age of 12 and 17 inclusive, must designate a minimum of one adult (18 years of age or older) whose only role is to be a monitor for children between the ages of 12 to 17 inclusive. The monitor's main role is to watch over the children and provide safety, supervision and support during the Clean Up event. An alternate monitor must also be provided to relieve the designated monitor for any break periods or when needed. The alternate monitor will step in the moment the monitor's attention is drawn away from the children. This person cannot partake in the actual Clean Up as their duty is to monitor everyone under the age of 18.
- ✓ It is recommended that the group consider the amount of traffic and the number and age of the children to decide how many monitors are required to watch over the children. The Clean Up group has the responsibility of maintaining constant monitoring of all children to maintain a safe operating environment.
- ✓ I declare that:
 1. I am 18 years old or over,
 2. I have read and understand the *Program Requirements and Safety Tips*, and
 3. I agree to the program requirements

Name (Please Print)

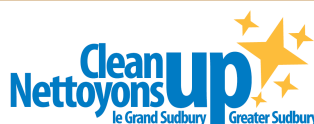
Signature

Witness Name (Please Print)

Witness' Signature

Personal information on this form is collected under the authority of section 10 of the *Municipal Act, 2001*, S.O. 2001, c.25 and will be used to enroll the participant in the City of Greater Sudbury's Clean Up Programs. Questions about the collection of your information may be directed to the Manager of Solid Waste and Administrative Services at P.O. Box 5000, Station A 200 Brady Street, Sudbury, ON P3A 5P3 or 1-705-674-4455, extension 4356.

For additional information,
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3-1-1



Safety Tips

For additional
information,
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City Services at
3-1-1.

DOs

Individuals:

- ✓ Wear gloves, thick-soled closed shoes, long pants and long-sleeved shirts
- ✓ Wear safety vests or bright colors for roadside cleanups
- ✓ Wear sunscreen and bug repellent
- ✓ Drink plenty of fluids and keep “quick energy foods” on hand
- ✓ Be aware of your surroundings and the potential hazards associated with them (e.g., passing cars, hazardous tree branches, poison ivy, broken glass, needles etc.)
- ✓ Use the “buddy system” ...work in teams of two or three to maximize safety
- ✓ Keep pre-moistened towelettes on hand and wash hands after the cleanup

Group Leader:

- ✓ Ensure Consent, Release and Waiver forms have been read and signed
- ✓ Be aware of all known allergies of volunteers before participation
- ✓ Know emergency procedures, such as the location of the nearest emergency facility and how to quickly summon the police or an ambulance
- ✓ Have a first aid kit and cellular phone on hand
- ✓ If possible, have someone trained in CPR and/or First-Aid on hand
- ✓ Provide adequate adult supervision if you involve youth 12-17 years in litter removal
- ✓ Provide 1 adult to supervise every 5 (or less) children under the age of 12

DON'Ts

Individuals:

- ✗ Don't pick up hazardous materials such as hypodermic needles, sharp objects, old car batteries, condoms, animal carcasses or other unidentified, questionable objects
- ✗ Don't overstuff bags
- ✗ Don't attempt to move large objects such as rusted car shells, old household appliances or swing sets on your own.
- ✗ Don't bring pets to events, as they may distract participants or even detract from the cleanup
- ✗ Don't enter swift moving water if doing a waterway cleanup
- ✗ Don't overdo it physically
- ✗ Don't bring alcoholic beverages or consume alcohol during a clean-up

Group Leader:

- ✗ Don't schedule cleanups during peak pedestrian or traffic hours
- ✗ Don't conduct cleanups during extremely inclement weather
- ✗ Don't conduct cleanups near or around construction sites or heavy traffic areas



Consent, Release and Waiver Form - Adult

Warning! Please read carefully.

Group Name or Group Leader: _____

I _____, desire to participate voluntarily in the City of Greater Sudbury's 20 Minute Makeover.

I UNDERSTAND, AGREE AND ACKNOWLEDGE:

- a) that some of the activities I will undertake involve physical exertion;
- b) that some of the activities I will undertake involve the potential for injury, and exposure to broken glass, sharps, use of tools, lifting, etc;
- c) that while participating, I should use caution and wear appropriate clothing and protective equipment (gloves, safety vest);
- d) that it is my complete right and responsibility to decrease or stop should at any time I believe it to be unsafe to continue doing so and that it is my obligation to inform the program volunteers of my concerns or my symptoms;
- e) that there exists the remote possibility of injury including abnormal blood pressure, fainting, and disorders of heart rhythm and, in very rare circumstances, heart attack or even death as well cuts, infections, bruises and broken bones;
- f) that there are risks, known and unknown, including a risk of injury, heart attack or even death as a result of my participation, but knowing those risks, it is my desire to participate as indicated herein;
- g) that by participating in the Program, I am assuming full responsibility for ALL OF THE RISKS associated with participation in this Program;
- h) that participation in the Program is voluntary and that I am free to withdraw from the Program or participation at any time; and
- i) that I will withdraw from participating in the Program should I experience any signs of lightheadedness, fainting, chest discomfort, leg cramps, nausea or other ailments affecting my health.

IN CONSIDERATION OF my acceptance into the Program and by signing this Consent, Release and Waiver Form I, for myself, my heirs, executors, administrators, successors and assigns, release, waive and forever discharge the City of Greater Sudbury and all of its elected officials, employees, agents, servants and sponsors, successors and assigns (hereinafter referred to as the "Released Parties") of and from all claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property however caused, arising by reason of my participation in this Program, or in any activities associated with this Program, notwithstanding that some may have been contributed to or occasioned by the negligence of the Released Parties.

I have read, understood and agree to the terms and conditions of the Consent, Release and Waiver Form and the Safety Tips in their entirety on this _____ day of _____, 20_____.

Participant (Signature)

Participant (Print Name)

Date

Participant Phone Number

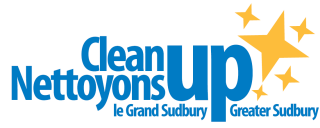
Witness (Signature)

Witness (Print Name)

Date

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Consent, Release and Waiver Form - Youth

Warning! Please read carefully.

Group Name: _____

Group Leader Name: _____

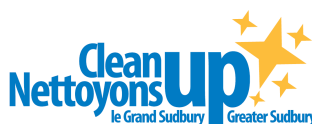
I _____, (name of Parent/Guardian) am authorized and request to have _____ ("my child"), date of birth: year _____ month _____ day _____ participate in the City of Greater Sudbury's 20 Minute Makeover.

This form is to be completed by the parent or legal guardian of any youth that is under 18 years of age. Adults 18 years of age or older should complete the Consent, Release and Waiver Form for adults on the previous page.

I UNDERSTAND, AGREE AND ACKNOWLEDGE:

- a) that some of the activities my child will undertake involve physical exertion;
- b) that some of the activities my child will undertake involve the potential for injury and exposure to broken glass, sharps, use of tools, lifting and other possibly harmful substances;
- c) that while my child is participating, my child should use caution and wear appropriate clothing and protective equipment (gloves, safety vest, and proper footwear as supplied and or recommended by the Group Leader;
- d) that during my child's participation, it is my child's complete right and responsibility to decrease or stop participating at any time my child believes it to be unsafe to continue doing so and that it is my child's obligation to inform Program volunteers of my child's concerns or symptoms;
- e) that while participating there exists the remote possibility of injury including abnormal blood pressure, fainting, and disorders of the heart rhythm and, in very rare circumstances, heart attack or even death as well as cuts, infections, bruises and broken bones;
- f) that while participating there are risks, known and unknown, including a risk of infection, injury, heart attack or even death as a result of my child's participation, but knowing those risks, it is my desire to have my child participate as indicated herein;
- g) that choosing to have my child participate in the Program brings with it the assumption by me and by my child of the above stated potential RISKS and I ASSUME FULL RESPONSIBILITY to instruct my child about these RISKS and the choices available to him or her;
- h) that my child is free to withdraw and I am free to withdraw my child from the Program at any time. I agree to voluntarily withdraw my child from the Program if my child begins to experience any signs of lightheadedness, fainting, chest discomfort, leg cramps, nausea or other ailments affecting my child's health; and
- i) that I will review the Safety Tips with my child and ensure my child's understanding of the Safety tips.

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I WARRANT that my child is physically, mentally and emotionally fit to participate in the Program.

The Parent/Guardian shall inform the Group Leader of any allergy or medical condition and supply him/her with any medication or devices and instructions associated with the medication or devices in the event that my child requires treatment.

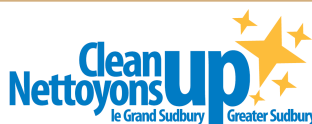
IN CONSIDERATION OF the acceptance of my child in the Program and by signing this Consent, Release and Waiver Form for myself (or for a child that is under 18 years of age) I, for myself, my heirs, executors, administrators, successors and assigns, release, waive and forever discharge the City of Greater Sudbury and all of its elected and non-elected officials, employees, agents, servants and sponsors, and successors and assigns of and from all claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property however caused, arising by reason of my participation in this Program, or in any activities associated with this Program, notwithstanding that same may have been contributed to or occasioned by the negligence of the City of Greater Sudbury, its elected or non-elected officials, employees, agents or servants.

I have read, understood and agree to the terms and conditions described in this Consent, Release and Waiver Form and the Safety Tips in their entirety on this _____ day of _____, 20_____.

_____ Parent/ Legal Guardian (Signature)	_____ Parent/Legal Guardian (Print Name)	_____ Date
_____ Parent/ Legal Guardian Phone Number	_____ Parent/ Legal Guardian Cell Phone Number	
_____ Witness (Signature)	_____ Witness (Print Name)	_____ Date
_____ Emergency Contact Person (Print Name)	_____ Emergency Contact Person's Cell/Home Phone Number	_____ Emergency Contact Person's Work Phone Number

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2019 Contest Rules and Submission Guidelines

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Friday, April 26th

In order to be eligible, each participant must register and submit the completed Consent, Release and Waiver Forms by April 23rd. Following the Clean Up event, the participant must submit the before, during and after photographs of the clean-up efforts. Photographs must be received by the Environmental Services Division by 4 p.m., May 17th, 2019.

Photographs may be submitted:

- By mail to the City of Greater Sudbury, c/o Environmental Services Division, 1805 Frobisher Street, Sudbury, Ontario, P3A 6C8
- Electronically to wastemanagement@greatersudbury.ca

The City will draw three participant names that have submitted the required forms and information. Each winner will be contacted by May 22nd. The names of the winners will be posted to the City's website.

Prizes



Three winners will each win a 'Big Blue' residential recycling curbside container.