

## What is vermicomposting?

**Composting** is a natural process whereby organic material, such as kitchen scraps and yard waste, decomposes into a dark nutrient-rich soil amendment called humus.

**Vermicomposting** is simply composting with worms. The use of worms speeds up the process of decomposition to produce a richer end product, and also allows the process to occur indoors, making it an ideal system for apartment-dwellers, offices, school staff and students. It's true that earthworms aren't pets for the squeamish, but they are great little composters!

To produce proper compost, you will want to use the kind of worms commonly known as Red Wigglers, and not ordinary field worms from someone's garden. Your valuable little Red Wiggler worms will live quietly in their dark box. It is unlikely that you will have too much waste to compost as Red Wiggler worms will eat one half their own weight in kitchen scraps and bedding each day, and will reproduce prolifically if their food supply permits it. The castings they produce are incredibly rich fertilizer and look like fine-textured soil. Even a small bin of Red Wiggler worms will yield pounds of rich sweet-smelling compost.

It starts with you! We'll take it from here.