



CITY OF GREATER SUDBURY



**POPULATION  
= HEALTH =**

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## A CALL TO ACTION ON COMMUNITY PRIORITIES

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MOVING FORWARD WITH AN **UPSTREAM** APPROACH

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# HEALTHY COMMUNITY

## THE CITY OF GREATER SUDBURY IS A COMMUNITY DEFINED BY ITS RESILIENT CITIZENRY.

We're part of a unique geography that defines our community. We aspire as individuals, organizations and businesses to create a sustainable healthy community.

## A HEALTHY COMMUNITY IS ONE IN WHICH EVERYONE HAS EQUAL OPPORTUNITIES FOR HEALTH.

In Greater Sudbury, as elsewhere, the health of individuals and communities is a complex affair. Your income, your job, and the neighbourhood you call home, your friends and family — they all impact on your health. It is not as simple as it seems. It is about much more than having a family doctor or wait times at the Emergency Department.



*"Population Health refers to the health of a population as measured by health status indicators such as economic and physical environments, personal health practices, individual capacity and coping skills, human biology, early childhood development and health services."*

(ACPH, 1997)



COMMUNITY PRIORITY

# INDIGENOUS YOUTH

MOVING  
UPSTREAM

Flexible learning opportunities.

SHKAGAMIK-KWE HEALTH CENTRE

## ANGELA RECOLLET

**Executive Director, Shkagamik-Kwe Health Centre**

"Indigenous knowledge is a core element in positive health outcomes for the Indigenous Youth Populations. With culture at the core we can continue to heal the communities from the assimilation and colonial practices from the historical traumas of government and crown policies. We believe that we are all responsible for reconciliation and can contribute to reconciliation through education and knowledge transfer."

COMMUNITY PRIORITY

# RESILIENCY

MOVING  
UPSTREAM

Skill building.

PUBLIC HEALTH SUDBURY & DISTRICTS

## DR. PENNY SUTCLIFFE

**Medical Officer of Health and Chief Executive Officer**

"Resiliency is about being empowered and supported – it's about bouncing back and thriving. Resiliency is a top priority in the City of Greater Sudbury Population Health initiative because it is fundamental to individual and community health. At Public Health Sudbury & Districts we are committed to working in partnership to strengthen the resiliency of area residents so that as individuals, families, neighbourhoods and communities, we can all thrive!"



COMMUNITY PRIORITY

# FAMILIES

MOVING  
UPSTREAM

Support well-being.

CHILD AND FAMILY CENTRE

LINDA DUGAS

**Executive Director**

*"Population health strategies that put our families, children and youth among the top priorities of our community will result in positive and sustainable economic, social, and health outcomes now and into the future. When children and youth are connected to strong family and social networks, have accesses to the community services they need, and feel valued, they ultimately have the best chance of becoming healthy, connected and productive adults."*

COMMUNITY PRIORITY

# MENTAL HEALTH

MOVING  
UPSTREAM

Sensitivity & inclusion.

HEALTH SCIENCES NORTH

DAVID MCNEIL

**Senior Vice President, Patient Experience and Digital Transformation**

*"Mental Health can be impacted when people feel isolated, unappreciated, bullied, without hope. Our commitment is to work together with community partners and our staff to raise awareness of these impacts, to identify mental health issues and intervene early with compassion and caring so that everyone feels valued, listened to and heard."*



COMMUNITY PRIORITY

# A COMPASSIONATE CITY

MOVING  
UPSTREAM

Welcoming and supportive.

CITY OF GREATER SUDBURY

**CATHERINE MATHESON**

**General Manager, Community Development**

*"Becoming a Compassionate City is one of the 10 Priorities of the City of Greater Sudbury's Population Health Initiative. A compassionate City promotes a culture of understanding and collaboration to support its citizens. Let's work together to build a compassionate City, where everyone matters."*



COMMUNITY PRIORITY

# 'PLAY' OPPORTUNITIES

MOVING  
UPSTREAM

Accessible opportunities.

UNITED WAY CENTRAIDE NORTH EAST ONTARIO

**MICHAEL CULLEN**

**Executive Director**

*"United Way North East Ontario in partnership with the City of Greater Sudbury is dedicated to building a healthy and vibrant community for all. This spring, we are committing to uniting community partners, businesses and individuals to help revitalize local playgrounds across the City of Greater Sudbury and to make them accessible for all to enjoy."*



COMMUNITY PRIORITY

# HOUSING

MOVING  
UPSTREAM

Affordable and available.

GREATER SUDBURY HOUSING CORPORATION

**MARK SCARFONE**

Chief Executive Officer

*"Implementation of energy conservation measures along with a significant capital investment to improve the physical condition of our buildings has improved the long-term sustainability and efficiency of the social housing stock. We are working with the City of Greater Sudbury to develop a portfolio revitalization plan which will explore creative ways we can use our portfolio to help fill gaps in the housing continuum in our collective efforts to end homelessness."*



COMMUNITY PRIORITY

# HOLISTIC HEALTH

MOVING  
UPSTREAM

Progressive alternatives.

CITY OF LAKES FAMILY HEALTH TEAM

**DAVID COURTEMANCHE**

Executive Director

*"As long as we expect our hospitals, physicians and pharmacies to make us better, we will continue to be sick. Our real health story is found outside of the healthcare sector. Our businesses, social services, artists, politicians, teachers, environmentalists, volunteers and parents are best positioned to be 21<sup>st</sup> century healers. They, and others, are the local leaders who make the decisions, invest the resources and shape the public policies that will shift the health culture of our community towards a more holistic approach to well-being."*



COMMUNITY PRIORITY

# AGE FRIENDLY STRATEGY

MOVING  
UPSTREAM

Safe & accessible community.

SENIORS ADVISORY PANEL TO MAYOR & COUNCIL

**BARBARA NOTT | DR. BIRGIT PIANOSI**

Chair

Associate Professor

"Older adults are the fastest growing part of our population. Today, more than ever, the majority are healthy, active, and involved individuals. As a community, we need to work together to support them in staying as healthy and active for as long as possible. Each of us can take part in making our city an age-friendly community. That also includes changing our attitudes towards those who have reached an advanced age and by respecting their abilities and contributions. Older adults rock!"

COMMUNITY PRIORITY

# HEALTHY STREETS

MOVING  
UPSTREAM

Active & sustainable outdoor spaces.

COALITION FOR A LIVEABLE SUDBURY

**NAOMI GRANT**

Chair

"Streets are a large part of our public space. They are right outside our door, and we use them every day. The best way to get exercise is for it to be part of our everyday activities. When our streets are safe, comfortable and convenient for people of all ages and abilities to walk, bike, or use a mobility device, then it is easy to be physically active as we go about our day. When our streets are safe and welcoming, it is easier for neighbours to connect with each other, and for neighbourhood kids to play. When our streets are 'green streets' encompassing trees, plants and green infrastructure such as bioswales and rain gardens, they contribute to our well-being, protect us from flooding, and protect the health of our lakes and waterways." **7**



## POPULATION = HEALTH =

WHAT ACTION CAN YOU TAKE  
TO IMPROVE POPULATION HEALTH?

We appreciate the progress that has been made from positive reflection, forward thinking and renewed direction. As the momentum continues to build we see clearer a vision of a Greater Sudbury which is inclusive, resilient and sustainable.

